

Orari 2018-2019

| Lunedì | Martedì | Mercoledì | Giovedì | Venerdì |
|---------------------------------------|------------------------------------------------------|--------------------------------------|-----------------------------|--------------------------------------------------------|
| | 9.20 – 10.20 PILATES | | 9.20 – 10.20 PILATES | |
| | 10.30 – 12.00 YOGA | | 10.20 – 11.20 PILATES | |
| | 13.00 – 14.00 PILATES | | 13.00 – 14.00 SILHOUETTE | 13.15 – 14.15 PILATES |
| | 14.45 – 15.45 PILATES | | | |
| 16.30 – 17.20 PSICOMOTRICITÀ (3-5) | 16.35 – 17.25 DANZA ESPRESSIVA (3-5) | | 16.30 – 17.30 PILATES | |
| 17.30 – 18.20 PSICOMOTRICITÀ (5-7) | 17.30 – 18.25 DANZA CONTEMPORANEA JUNIOR (7-9) | 17.40 – 18.40 PILATES | | 17.30 – 18.25 DANZA CONTEMPORANEA JUNIOR (10-13) |
| 18.45 – 20.00 YOGA | 18.30 – 19.30 PILATES | 18.40 – 19.40 PILATES | 18.30 – 19.30 PILATES | 18.00 – 20.00 MINI-SEMINARI |
| | 19.30 – 20.30 GYROKINESIS | 19.40 – 20.40 PILATES | 19.30 – 20.30 PILATES | 20.00 – 21.00 VENERDÌ&RELAX |
| | 20.30 – 21.30 HOLISIC GYM | 20.40 – 22.10 DANZA CONTEMPORANEA | | |

OFFICINE MORGHEN – officinemorghen15@gmail.com – 02 36 52 32 05

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| Danza contemporanea | Barbara |
| Danza espressiva/Giocodanza (3-5) | Federica |
| Danza contemporanea junior (7-9 anni) | Federica |
| Gyrokinesis | Federica |
| Holistic Gym | Federica |
| Yoga | Daria |
| Pilates | Barbara, Federica, Stefania |
| Psicomotricità | Sabrina |
| Silhouette | Alessia |